

# Sports Product Review

New sports products, gear and gadgets reviewed weekly.

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## **Dec 21 - Extra Holiday Zip**



If you're feeling a little run down this holiday season, here's a low-calorie, sugar-free, vitamin-rich pick-me-up that will perk up your senses and your taste buds. Zip Fizz ([www.zipfizz.com](http://www.zipfizz.com)) energy drink mixes are packed with power, but not packed with sugar or calories. Each tube contains vitamins, antioxidants, and electrolytes in a tasty, ready-to-mix tube you can pour into a bottle of water for a fizzy, delicious fruit-flavored drink you'll like better than soda. With only ten calories and zero sugar, you can still have that extra gingerbread cookie and not feel guilty. And if that cookie is served at another holiday party filled with coughing and sneezing revelers, the makers of Zip Fizz also offer Immune Fizz. Again, no sugar, ten calories, and it tastes a little like Tang. But this "Tang with a Bang" contains 28 vitamins and nutrients so you can fight off those holiday germs that would make you feel run down in the first place.

SOURCE: Zip Fizz

Posted on Thursday, December 21, 2006 at 07:17AM by [Brian Gotta](#) in [General](#) | [1 Comment](#)

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I've tried Zipfizz, bought it at Costco, and their product is pretty much Emergen-C just repackaged with a cool look. Made me really jittery and I drink coffee and am not to sensitive. Who really needs 41,000% of your daily value of your B vitamins? I guess the biggest frustration was the fact that despite their claim that the "energy" comes from the vitamin B boost it's really from the 150mg of caffiene. Vitamin B doesn't make me jittery. Just my two cents.  
January 24, 2007 | [Jason](#)

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