

ZipFizz, Energy Drinks Review

The hype about Energy Drinks

Welcome to Energy Drinks Review

The hype about ZipFizz | Posted on 10/7/2007

What is all this fuzz about the new drink called ZipFizz? Everybody seems to be so excited about this drink and we'll try to cover some of the hype. ZipFizz is created by [read more](#)

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ZipFizz Powder

ZipFizz. Hype or Reality? | Posted on 10/7/2007



Does Zipfizz really give you an energy boost and if it does, what exactly is it in the product that make it work?

Zipfizz transforms water into a healthy, energizing performance drink and people claim that they get an energy boost from it usually within 15 minutes or so.

Caffeine Boost?

About me



We try to get behind the hype about Energy Drinks. Is it REALLY good for you? [Addiction?](#)

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The signature product is a tube of powder that can be added to 16-20 ounces of water. A tube contains 100mg of caffeine - but will obviously dilute depending on the amount of water the powder is mixed with.

The caffeine is extracted from Guarana seed and Green Tea. ZipFizz powder comes in three flavors; Pink Lemonade, Citrus, and Berry. Each tube contains 2500mcg of Vitamin B12 - 41,667 times daily recommended value!

Can you get ZipFizz addicted? We truly believe so! We consider it a "mind changing" drug and we have seen people get depressed when they don't have it available. ZipFizz isn't cheap by no means so it can cost you some substantial amount of money in a month.

[No comments](#)

ZipFizz Supplement Facts:

Sample of list and blockquote

Directions:

Add 1 tube of Zipfizz to 16-20 ounces of water and shake or stir. If using bottled water - take a sip to make room.

Use Zipfizz® as a morning or afternoon pick-me-up, or enhance your training by taking it before, during, or after a hard workout. Because Zipfizz® contains no sugar, users will experience an increased energy level for up to 2 - 3 hours with out the sudden "crash" associated with other energy drinks.

Supplement Facts:

- Serving Size: 1 Tube
- Amount Per Serving - % Daily Value:*
- Calories 10,
- Total Carbohydrates 2 g - <1%,
- Sugars 0 g - **,
- Vitamin C 500 mg - 833%,
- Vitamin E 10 IU - 33%,
- Thiamin 0.38 mg - 25%,
- Riboflavin 0.43 mg - 25%,
- Niacin 10 mg - 50%,
- Vitamin B6 2.5 mg - 125%,
- Folate 13 mcg - 3%,
- **Vitamin B12 25000 mcg - 41667%.**
- Pantothenic Acid 2.5 mg - 25%,
- Calcium 60 mg - 6%,
- Magnesium 100 mg - 25%,
- Zinc 2 mg - 13%,
- Selenium 5 mcg - 7%,
- Manganese 1 mg - 50%,
- Chromium 100 mcg - 83%,
- Sodium 60 mg - 3%,
- Potassium 905 mg - 26%,
- Proprietary Blend (L-Arginine, Caffeine from [Guarana Seed Extract](#),
- L-Taurine,
- Alpha-Lipoic Acid,
- Grape Seed Extract,

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- Green Tea Leaf Extract,
- American Ginseng Root Extract, Ginger Root) 317 mg - **.

*Percent Daily Values are based on a 2,000 calorie diet. **Percent Daily Value not established.

Should you use Zipfizz® or not? Well, we leave it up to you to decide, but there is a fair warning about using any type of energy drinks. If it makes you feel good, the you should be aware of the dangers of a **mind altering drug** like Zipfizz®.

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